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3 to 1



by SiMaRi

Hello,  
My name is  
Simmonne and I  
would like to  
welcome you to  
my introduction  
about ABILITY 3  
to 1.



The concept of '3 to 1' is about doing the first 3 tasks towards achieving 1 goal.

The word 'SiMaRi' combines the first 2 letters of the names of 3 people; being myself and my twin sons.

So, why do I have an invested interest in the topic  
of 'Ability'?

In my professional life, I teach disability qualifications, to tertiary students at a teaching institute in Melbourne, Australia.

I also have a personal connection with 'disability issues', which I will talk about later.

Until then, allow me to ask YOU a question or two.

How fast can you run?

How good is your handwriting?

Do you like to read?

Do you listen to music?

Do you like to chat with other people?

How many things can you do at the one time?

Would your answer be 'some of these things I do better than the others'?

'Some of these things are easier for me to do, some are harder'.

Now, if I revealed that the person who doesn't run well, or at all, is a wheelchair user,

or the person who isn't good at chatting with others is on the Autism spectrum,

what REASON would you give for their different levels of function and skills?

Would your reason be that their differences are now due to a disability?

Have these peoples' differences become a 'disability' because their bodies don't allow them to function to the expected standards set by Society?

Consider that 'Ability' and 'In-ability' are two sides  
of the same coin.

If you flip one side over then you face its  
opposite.

However, a person's 'in-ability' to do something, does not mean that this person is 'dis-abled'.

It follows that the opposite of 'Ability' is NOT  
'dis-ability'.

Instead, the word 'dis-ability' is the reason given by Society to explain why some people are UN-able to do some things.

Every person on our planet is both Able and  
Un-able.

So, I believe that the first 3 letters of 'dis-ability'  
need to be tossed away.

For we need to stop labelling and limiting our  
ABILITY.

So again, why do I have an invested interest in the topic of 'Ability'?

For the following 3 reasons...

1. As I said previously, I teach 'Disability' qualifications to adult students, at a tertiary school, in Melbourne, Australia.

2. My adult twin sons are challenged by Autism Spectrum Disorder and also by intellectual difficulties.

3. I have lived experience of 'dis-ability', due to a birth defect of the central nervous system.

You could call it a 'trial by trifecta'!!!

I prefer to call it my 'life purpose' and my passion  
- to bring a different perspective to ABILITY.

As this is an introductory presentation,

I haven't yet talked about '3 tasks towards 1 goal'.

This will be the theme of upcoming presentations!

If you can relate to this topic and would like to write a comment or a question, I would appreciate reading YOUR viewpoint!

